

Where I Am @ Now



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For the past almost four years, I have been locked in a battle with depression ever since I was let go from my career. I was unprepared, both financially and in terms of age. Things were going well, until those who employed me made a heartless choice to prioritize profits over people. It was then that I realized I was not as young as I once believed, as I faced the daunting task of reinventing myself in my early sixties. But I refuse to let this defeat me. Despite the darkness that sometimes consumes me, I am determined to overcome and rise above.

I count myself lucky to have a special creative essence that compels me never to surrender until I reach a groundbreaking moment. Although I am unsure of precisely when and where this breakthrough will take place, I am resolute in the belief that it will be a magnificent and awe-inspiring journey. Still, I cannot help but feel sorrow for those who are trapped in a comparable circumstance, unable to unleash their own creative spirit.

Sharing this story weighed heavily on my mind. But in truth, deep down, I knew it was necessary. You see, I am a person of great talent and resilience. I have conquered massive

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obstacles before, and I will continue to do so, even when the signs point toward an off-ramp of despair. That path is not meant for me.

The last few lines I wrote were tainted by the darkness that lingers, but I refuse to let it take hold.

I exercise, read, and write as a means to keep moving forward.

I search for laughter in the absurdities of life.

I embrace kindness, as you well know if you truly listen to me.

My mission is to make the world a better place. Yet, comments from those I know can sting. I fight to suppress my emotions, and most of the time, I succeed.

I am on a path, and I must continue walking it.

I am a talented, empathetic, and compassionate individual who will always choose kindness over hurting those who are already in pain. Nobody should endure unnecessary suffering.

Society is failing us, especially as we age.

So, thank you for taking the time to read my story.

If my experiences can serve as a warning to others about the fragilities of life, I embrace that role. And if I can be an inspiration, showing how even in the face of adversity, there are incredible people who care and love us enough to help us conquer life's challenges, then I am truly grateful.

About a month ago, I had a meeting with my former employer. They took a moment to acknowledge something **I had always known deep down:** the way they had treated me was incredibly cruel and completely undeserved. They even went as far as to declare it as the worst thing they had ever done. It seemed like their intention was to finally alleviate their guilt. But I couldn't help but feel that their remorse was merely a surface-level attempt to absolve themselves - nothing more.

Written at 7:30 AM.

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I was put on this earth to face challenges, get through them, and never lose sight of compassion, kindness, and understanding. Let's make the world a better place!

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